

Volunteer Opportunity

Title

Caregiver Centre Volunteer

Responsibilities

Caregiver centre volunteers will:

- Greet each visitor to the caregiver centre to offer support
 - Respond to visitor information needs
 - Establish a rapport with visitors by addressing common caregiving challenges
 - Give hope for the journey with the patient toward recovery
- Respond to information requests from visitors, using supplied resources
 - Guide visitors on how to use the caregiver centre
 - Be familiar with the resources available through the caregiver centre
 - Be competent to assist any family caregiver or health provider
- Commit to a minimum of two, four-hour shifts per month (during daytime hours)

Qualifications

- Lived experience as a family caregiver to a loved in the addiction and mental health system
- Lived experience as a family caregiver to a loved one with a serious, debilitating or degenerative illness would be an asset (e.g. arthritis, cancer, dementia, heart disease, liver disease, Multiple Sclerosis, Parkinson's)
- Literacy and basic computer skills (i.e. reading, writing, numeracy, oral communication, working with others, document use, computer use)
- Proficient in active listening skills
- Friendly and engaging personality
- Ability to redirect a discussion to give hope and respond to identified needs
- Ability to maintain boundaries (e.g. working within a defined role and level of authority)
- Self-care skills
- Vulnerable sector police check
- French-language skills (preferred)

Reporting Requirements

- Reports to the Caregiver Centre Volunteer Leader