



Cornwall Community Hospital
Hôpital communautaire de Cornwall

RIGHTS OF THE FAMILY CAREGIVER

YOU have the right:

- To staff who are caring and understand that the entire family is affected by your loved one's addiction or mental health
- To be treated with respect, empathy and understanding in a non-judgmental, recovery-oriented environment
- To a health care team that actively encourages family involvement... where sharing your observations and concerns about your loved one is both expected and valued
- To a hospital setting that actively encourages your loved one to allow you to be part of the recovery process
- To receive information on your loved one's diagnosis, prognosis, treatment and discharge plan (with his/her consent)
- To receive information on hospital and community resources

FAMILY CAREGIVER SURVIVOR TIPS

TAKE CARE OF YOURSELF

You can't care for your loved one if you don't take care of yourself.

SEEK HELP FROM OTHER FAMILY CAREGIVERS

Explore the caregiver support groups, caregiver education, and counselling services that are available in our community (see Resources for caregivers).

TAKE PRIDE IN WHAT YOU'VE ACCOMPLISHED

Helping your loved one takes courage. Pat yourself on the back from time to time.

If you have concerns with how you or your loved one has been treated, please talk directly to the Manager of the Inpatient Mental Health Unit at 613-938-4240, ext. 4311. If this fails to resolve the matter, call our Patient Relations Specialist at 613-938-4240, ext. 2311.